

Preventing Falls:

A Dementia Care Team Approach

Table of contents

Introduction

Acknowledgements	iii
Preface	v
How to Use the DVD	vii
Administrators	ix

1. Direct Care Staff

Notes to Instructor	1-1
Pre Test Understanding Dementia	1-3
Understanding Dementia	1-5
Quiz Understanding Dementia	1-11
Quiz Answers Understanding Dementia	1-13
Introduction to Strategies Notes to Instructor	1-15
Pre-test Introduction to Strategies	1-17
Introduction to Strategies Direct Care	1-19
Quiz Introduction to Strategies	1-25
Quiz Answers Introduction to Strategies	1-27
Notes to Instructor Risk Assessment	1-29
Risk Assessment	1-31
Fall Risk Tool Instructions	1-37
Fall Risk Tool	1-39
Completed Example of Fall Risk Tool	1-41
Role of Therapy in Fall Prevention	1-43
Post Fall Tool	1-45
Completed Example of Post Fall Tool	1-47
Problem Solving Notes to Instructor	1-49
Pre Test Problem Solving	1-51
Problem Solving to Reduce Risk	1-53
Quiz Problem Solving	1-55
Quiz Answers Problem Solving	1-57
Case Studies	1-59

2. Indirect Care Staff

Notes to Instructor	2-1
Pre Test Understanding Dementia	2-3
Understanding Dementia	2-5
Quiz Understanding Dementia	2-11
Quiz Answers Understanding Dementia	2-13
Notes to Instructor	2-15
Pre Test Introduction to Strategies	2-17
Introduction to Strategies for Indirect Care	2-19
Quiz Introduction to Strategies	2-25
Quiz Answers Introduction to Strategies	2-27
Notes to Instructor	2-29
Pre Test Problem Solving to Reduce Risk	2-31
Risk Identification Problem Solving	2-33
Quiz Problem Solving to Reduce Risk	2-41
Quiz Answers Problem Solving to Reduce Risk	2-43
Case Studies	2-45

3. Families

Notes to Instructor	3-1
Understanding Dementia Pre-Test	3-3
Understanding Dementia for Families	3-5
Role of Families in Fall Prevention	3-11
Understanding Dementia Quiz	3-15
Understanding Dementia Answer Key	3-17

4. Additional Materials

Environmental Assessment and Adaptations	4-1
Interdisciplinary Falls Management Team	4-5
Care Plan Guidelines	4-7
Care Plan Approaches	4-11
Fall Prevention Policies	4-13
Quality Assurance and Continuous Quality Improvement	4-15
Falls Prevention CQI Tool	4-17
Quality Assurance Monitoring Criteria Summary	4-19
Continuous Improvement Monitoring Form	4-21
Forms	
Fall Risk Tool	4-23
Daytime Routine Questionnaire	4-25
Post Fall Tool	4-27
Program Evaluation Form	4-29
Additional Case Studies	4-31
Additional Quizzes	4-35
Care Plan Approaches	4-47
References and Websites	4-49
Handouts	4-51

